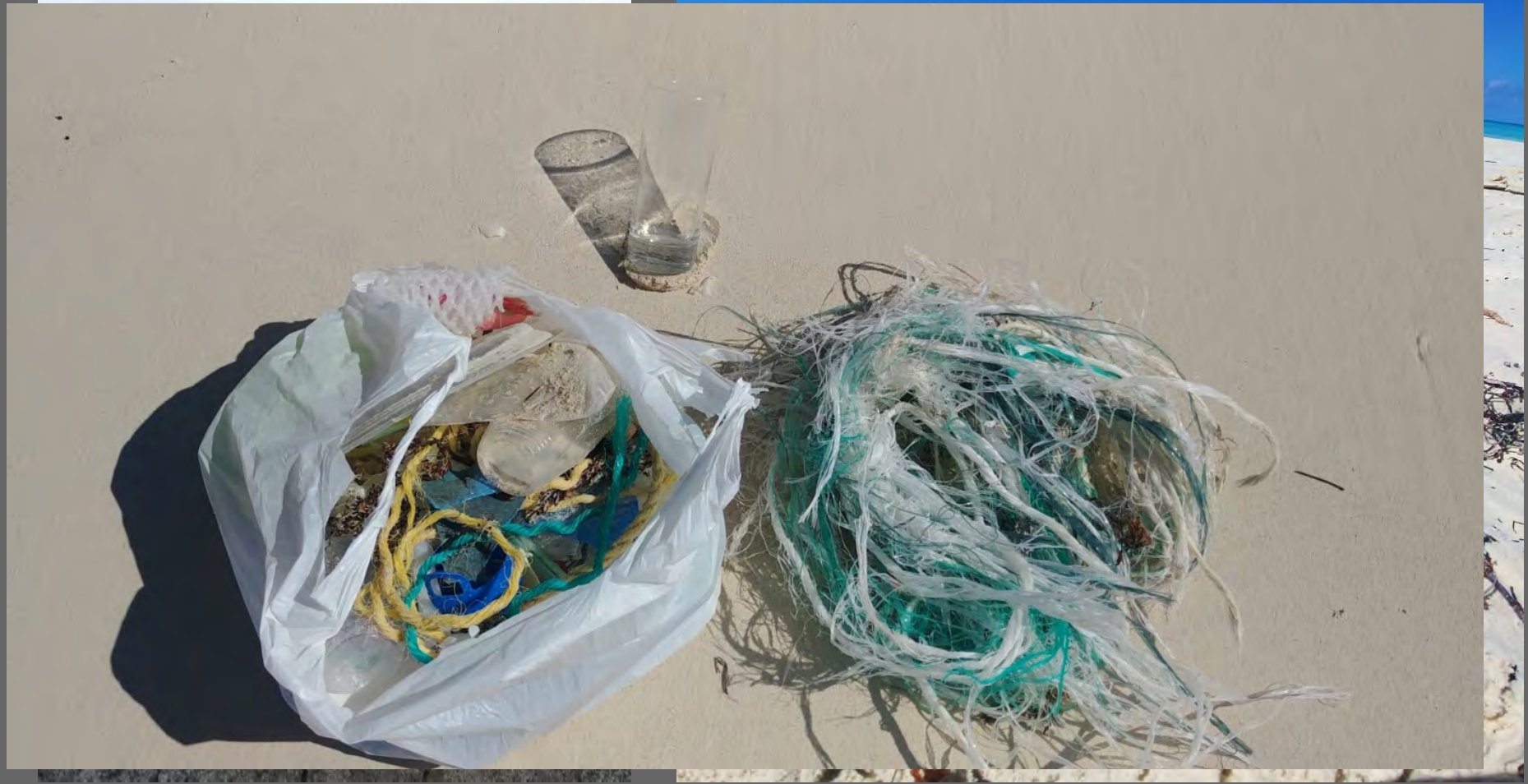
By 2050, there will be more plastic by weight than fish in the ocean.



# Plastic-Free YYC

## Plastic-Free Living: Challenging Convenience, Disrupting the Norm

*Isabelle Couture, Co-Founder*

*Briana Loughlin, Co-Founder*

**Inspire** individuals, **collaborate** with businesses, and **encourage** governing bodies to evoke change and eliminate waste.

This fish was caught in a plastic wrapper from a bottled drink.

cbcnews

# RETHINK

- Refuse
- Reduce
- Reuse
- Recycle
- Rot

# Going Plastic-free: Where to Start !?

- With one step at a time
- With focus and forgiveness
- With a supportive team

Be vocal and always challenge the status quo!

# Alternatives

Who wants to lead the change?

The Last Straw Calgary
by Plastic-Free YYC
50 MILLION STRAWS END UP IN THE OCEAN. EVERY DAY.
Go straw-free July 14
plasticfreeyyc.com

# BRING IT ON!

laststrawcalgary.ca laststrawedmonton.ca

"What difference will one straw make?"
- Says 7.4 billion people

#stopsuckingCanada

STRAWS ON REQUEST

# THE LAST STRAW

Elite Brewing & Cidery* – Township Bar and Grill – The Fairmont Palliser – Boogies Burgers Renfrew – Boogies Burgers Marda Loop – Tarvenetta – Gravity Espresso & Wine Bar – Trolley 5 – Deerfoot Inn and Casino – Jamesons 17th Avenue – Jamesons Brentwood – Home & Away – Essence of Saigon – HiFi – Riverstone Pub – Hose & Hound – Salt & Pepper Bowness – Without Papers Pizza – Swans of Inglewood – Mad Rose Pub – Blowers & Grafton – The Palomino Smokehouse – Sonoma on 9th – Ceili's on 4th – Starbelly – Naina's Kitchen – The Eden Bistro – Kensington Pub – Bow Valley Ranche Restaurant – Taqueria El Charrito – Swans of Inglewood – Sukiyaki House – Sumo Lounge – Stampede Ground Bars – Hudsons Crowfoot – Hudsons Calgary Downtown – Hudsons Shawnessy – Oceana Seafood Steakhouse & Bar – Cravings – Hayden Block – Mat's Diner – Holy Grill 5th Ave – Holy Grill 10th Ave – Raw Bar - Brewsters 11 Avenue – Browns Social House Brittannia – The Bull & Finch – The Station – Matador Steakhouse and Pizza – Namskar – Eau Claire & Bow River Lumber Cafe – Barley Mill – Paper St - Monki Bistro - Elwood & the Rabbit – The Park Kitchen – Cafe Kol – River Cafe – Bow Valley College – Ricardo's Hideaway – Dicken's Pub – Broken City – Bonterra Trattoria – Posto Pizzeria – Cibo 17th Ave – Cibo Centre St – Ten Foot Henry – Sky 360 – Sought and Found Coffee Roasters – Shiki Menya – Diner Deluxe – Midtown Kitchen and Bar – Big T's BBQ – Cardinale – Wurst – The Coup – Kane's Harley Diner – Barcelona Tavern – Model Milk – Pigeonhole – Hearts Choices – Commonwealth Bar & Stage – Una Pizza + Wine – Tokyo Smoke – PinBar – James Joyce Pub – Hy's Steakhouse – Veg-In YYC – Avatara Pizza – Black Apron Cuisine – Native Tongues – The Guild – Teatro – Oak Tree tavern – The Trop – Shokunin

## Individuals

Disability Action Hall
Tell Stories! Take Action! Change Lives!

Plastic-Free YYC

WASTE FREE EDMONTON

## Businesses

STRAW HUT CO.

ELITE BREWING

NAKED APE
ANIMALS PEOPLE ENVIRONMENT

## Government

# What's Next?

BAN THE BAG YYC

Construction & Demolition Waste

# How to reach us!

www.plasticfreeyyc.com

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@plasticfreeyyc

5.25 trillion pieces of plastic reside in our oceans compared
to the 400 billion stars in the Milky Way.